



SO MANY
REASONS



WHAT'S
YOURS?



QuitForLife[®] PROGRAM

A NEW WAY TO QUIT

Introducing The Quit For Life Program, CommonHealth's new tobacco cessation program. It's the best method you or someone you love can choose to help you quit tobacco and gain the skills needed to stay healthy for life.

Quit for Life is available to employees, spouses and dependents over 18 who are eligible for the state health benefits program.

It's time to quit. We can teach you how. **1.866.784.8454**

